

Shamrock Shake - For Couples

Choreographed by Jan & Steve Brown

Description: 40 count, intermediate partner dance

Musik: Tell Me Ma by Sham Rock - 144 bpm

Position: Begin in side-by-side position.

Same footwork for both. Start dancing on lyrics

Step right, kick left, cross shuffles x 2, step, hold

1-2 Step forward with right. Kick left forward.

3&4 Cross left over right and shuffle (left, right, left).

5&6 Cross right over left and shuffle (right, left, right).

7-8 Step left forward, hold.

Step right, pivot ½ turn, walk x 3, left heel, coaster step

9-10 Step forward with right and pivot turn ½ to the left. (weight forward on left)

11-14 Walk forward right, left, right, left heel forward.

15&16 Bring left back to home, right next to left, step forward with left (coaster step)

Wine right + chasse, wine left + chasse

17-18 Step right to side, cross left behind right

19&20 Chassé side right, left, right

21-22 Step left to side, cross right behind left

23&24 Chassé side left, right, left

Step right, pivot ½ turn, stomp x 3, touch left back, scuff left, shuffle forward

25-26 Step right forward, pivot turn ½ to the left (weight on left)

27&28 Stomp forward, (right, left, right)

29-30 Touch left toe to back, scuff left forward

31&32 Chassé forward left, right, left

FOUR SHUFFLES, ONE COMPLETE TURN FOR BOTH, STARTING WITH RIGHT

Release left hands

33-40 LADY: Four shuffles in place turning to the left, one full rotation

MAN: Four shuffles in place turning around lady moving to the right, one full rotation

REPEAT