**Heel – Toe – Shuffle – Pivot – Coaster step – Rock Recover -Cross Shuffle**

**Thanks A Lot**

Choreographed by Helen Conroy Noonan Description:

32 count, 4 wall, **beginner**

Musik: Thanks A Lot by Robert Mizzell
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Start dancing on lyrics

**RIGHT HEEL FORWARD, RIGHT TOE BACK, RIGHT SHUFFLE FORWARD, LEFT HEEL FORWARD, LEFT TOE BACK, LEFT SHUFFLE FORWARD**
1-2 Touch right heel forward, touch right toe back
3&4 Chassé forward right, left, right
5-6 Touch left heel forward, touch left toe back
7&8 Chassé forward left, right, left RIGHT ½ PIVOT,

**RIGHT SHUFFLE FORWARD, LEFT ½ PIVOT, LEFT SHUFFLE FORWARD**
1-2 Step right forward, turn ½ left (weight to left)
3& 4Step right forward, step left together, step left forward
5-6 Step left forward turn ½ right (weight to left)
7&8 Chassé forward left, right, left

**RIGHT ROCK FORWARD, RIGHT COASTER STEP, LEFT ROCK FORWARD, LEFT COASTER STEP**
1-2 Rock right forward, recover to left
3&4 Step right back, step left together, step right forward
5-6 Rock left forward, recover to right
7&8 Step left back, step right together, step left forward

**RIGHT SIDE ROCK, RIGHT CROSS SHUFFLE, LEFT SIDE ROCK, TURN ¼ RIGHT, LEFT SHUFFLE FORWARD**
1-2 Rock right to side, recover to left
3&4 Crossing chassé right, left, right
5-6 Rock left to side, recover to right
7&8 Turn ¼ right and step left forward, step right together, step left forward